


TACOMA EYE NEWS

www.Tacoma-Eye.com

OPEN HOUSE






TACOMA EYE

Tacoma Eye at Westgate
6004 N Westgate Blvd Suite 180
Tacoma, WA 98406
253-220-2563
www.Tacoma-Eye.com

OPEN HOUSE

October 7th, 2019
4PM-6PM

LEARN MORE ABOUT
ALCON **COLORS**
CONTACT LENSES

-  Food
-  Drinks
-  Door Prizes

CHANCE TO WIN A STARBUCKS
GIFT CERTIFICATE
JUST FOR COMING!



CALL US!
253-220-2563



**VISIT US
ONLINE**
www.Tacoma-Eye.com

**Check out our
google &
facebook pages**

You are invited to our office on **OCTOBER 7th 4PM-6PM** for an open house! Come meet with **Dr Meers** and his staff and learn the latest information about the new ALCON brand Daily Colored contact lenses! **6004 N Westgate Boulevard Suite 180 - Tacoma, WA 98406. 253-220-2563.**

1

EYE FACT 1

The only organ more complex than the eye is the brain

2

EYE FACT 2

OMMATOPHOBIA is a fear of the eyes!

3

EYE FACT 3

It is impossible to sneeze with your eyes open.



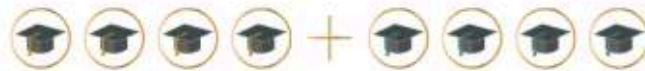
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AN EYE ON PATIENT CARE

ANATOMY OF AN OPTOMETRIST



DOCTORS OF OPTOMETRY (O.D.S/OPTOMETRISTS) ARE THE INDEPENDENT PRIMARY HEALTH CARE PROFESSIONALS FOR THE EYE. They examine, diagnose, treat, and manage diseases, injuries, and disorders of the eye and visual system and identify systemic conditions affecting the eye, such as diabetes.



4 YEARS UNDERGRADUATE + 4 YEARS PROFESSIONAL EDUCATION

A DOCTOR OF OPTOMETRY (O.D.) degree requires four years of college/university undergraduate education and four years of professional education/medical training at a college of optometry.



State-licensed to examine and determine refractive errors of the human visual system and prescribe glasses or contacts to correct/improve vision.



Diagnose and treat conditions such as infections, allergies, and dry eye and treat eye trauma.



Detect, prescribe, and manage low vision rehabilitation and vision therapy.



Diagnose and treat many conditions of the eyes including macular degeneration, glaucoma, and cataracts.



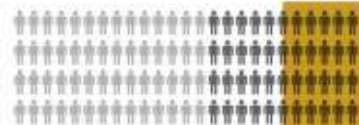
Co-manage refractive surgery and monitor systemic conditions affecting vision.

OPTOMETRY DETECTION

DOCTORS OF OPTOMETRY OFFER **EARLY DIAGNOSIS** FOR TIMELY TREATMENT.



BETWEEN **40 AND 45 PERCENT** OF AMERICANS DIAGNOSED WITH DIABETES HAVE SOME STAGE OF DIABETIC EYE DISEASE...



ONLY ABOUT HALF ARE AWARE OF IT.*



VISION CHANGES CAN MARK **DISEASE PROGRESSION.****

OPTOMETRISTS DETECT DIABETES



IN 2016, OPTOMETRISTS SPOTTED DIABETES-RELATED MARKERS IN MORE THAN **320,000** U.S. PATIENTS WHO WERE PREVIOUSLY UNAWARE THEY HAD DIABETES.***

A DILATED EYE EXAMINATION BY A DOCTOR OF OPTOMETRY IS ONE OF THE MOST EFFICIENT WAYS TO DETECT DIABETES.****



Educate yourself about eye problems

Even people who never needed glasses before will typically need reading glasses as they get older. This is because of **presbyopia**, where the lenses in our eyes become less flexible over time, making it harder to focus on objects close up. Another common issue with aging eyes is the reduction in tear production, resulting in dry eye.

More serious, even sight-threatening eye problems and diseases related to age include glaucoma, retinal detachment, macular degeneration, cataracts, and diabetic retinopathy. Most of these can be delayed, treated, or sometimes reversed, and **the best chances of success come with early detection.**

Good eye-healthy foods to incorporate into your diet are bell peppers, carrots, dark leafy greens, sweet potatoes, chia seeds, blueberries, turkey, and wild salmon.

