# TACOMA EYE TIMES

6004 N WESTGATE BLVD SUITE 180 - TACOMA, WA 98407



#### Come see us on June 27th for our 1 day sunglass sale!

EYE IS A NEW OPTOMETRY PRACTICE LOCATED ON WESTGATE BOULEVARD IN TACOMA, WA. DR MEERS AND HIS STAFF DELIVER THE LATEST OPTOMETRIC SERVICES IN A COMFORTABLE AND RELAXED SETTING.

# 3 WAYS TO MAKE AN APPOINTMENT WITH US!



CALL

CALL US 24/7 AT 253-220-2563

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#### WEBSITE

REQUEST APPOINTMENTS ONLINE

WWW.TACOMA-EYE.COM



FACERONK

GO TO OUR FB PAGE:

"TACOMA EYE AT WESTGATE"



141 EYEWEAR
THIS IS A GREAT
PRIVATE EYEWEAR
COMPANY from
PDX



FOR EVERY FRAME PURCHASED THEY WILL DONATE A PAIR TO SOMEONE IN NEED!



DRAPER JAMES
CHECK OUT REESE
WITHERSPOON'S NEW
EYEWEAR LINEDRAPER JAMES!

### **INVEST IN A GOOD PAIR OF SUNGLASSES!**

Research proves that young and old benefit from UV protection! Cumulative exposure over a lifetime contributes to eye damage later in life so start now! Outdoors this can be done with wide brim hats. In the snow and on white sandy beaches sunglasses known to protect the eyes from 100% UV-A & UV-B rays will be best. When driving it is important to be sure the lenses meet ANSI Z80.3 standard so drivers can still discriminate Green, Yellow and Red (traffic lights). Grey tint tends to do this the best.



June 27th 2019 is National Sunglass Day. Tacoma Eye is holding a 1 day sale. Come in to our office on 6/27/19 (no appointment is needed) and receive 30% off any Coach, Ray Ban or Oakley Sunglasses.

## DON'T WEAR CONTACT LENSES WHEN SWIMMING

There are a lot of harmful microorganisms that enjoy swimming as much as we do. Chlorine kills most of them, but not all, and we don't want those little critters anywhere near our eyes. There isn't much to worry about if we're swimming without contact lenses, but when we do wear them, they can act as petri dishes, trapping microorganisms like acanthamoeba against our corneas and giving them the perfect warm, wet space to multiply. These germs can cause dangerous infections and even permanent blindness, and they live in even the cleanest bodies of freshwater.

