

# **Contact Lens Policy**

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Contact lenses are medical devices, they provide a number of advantages but if not taken care of properly, they can create serious consequences. This includes infection, inflammation, permanent corneal damage and vision loss. A contact lens fitting & exam take additional time and expertise. There are separate, additional charges for contact lens examinations above what patients without contact lenses would pay.

#### **Contact Lens Fees**

In addition to your regular eye examination, there is a **nonrefundable fitting fee** associated with trying new contact lenses. There are a number of different types of lenses, and your optometrist will need to take special measurements and determine which lens type will work for you. Your initial design fee covers: The preliminary CL evaluation, One set of diagnostic (trial) lenses, lab or shipping fees, fitting analysis and 60 days of follow-up visits necessary to obtain a satisfactory fit.

The fitting fee also depend on what type of lenses you wear-for example: Bifocal contact lenses are more complicated to fit and require more fine-tuning than standard contact lenses. The fit is completed after your optometrist determines your contact lenses yield satisfactory vision, fit and comfort and the the patient can safely care for and clean the lenses. A fit is complete if either the patient/guardian or optometrist determine that contact lenses are not a viable option for the patient.

If you have never worn contact lenses before or if you are using a new modality (Gas permeable or Scleral Lenses) your fitting will require training classes in which new wearers receive instruction on application and removal of the lenses and care and cleaning education.

Medical conditions (dry eye, corneal dystrophies) uncovered, evaluated and treated during this time are separate from the contact lens and vision exams. Once a lens has been finalized, future lens changes in brand or type will be considered a refit and may be subject to new fees.

### **Contact Lens Agreement**

After you have been fit with an appropriate lens, you will have the option of buying a supply of lenses. We offer rebates on select brands to patients when purchasing an annual supply of contacts. By signing this agreement patients agree to keep regularly scheduled follow up visits, attend scheduled appointments for training,



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replace your lenses as directed, and understand sleeping in lenses carry a higher risk of infection and is not recommended by this practice.

### **Annual Contact Lens Evaluation**

Once finalized (per WA state regulations) your contact lens prescription is valid for 2 years. After 24 months, contact lens prescriptions expire. Scheduling and attending appointments prior to the expiration date are the patient's responsibility. Because eyeglass and contact lens prescriptions can change sooner than the expiration date, we advise a comprehensive eye examination and contact lens evaluation annually or when changes are detected. At these visits, your optometrist will verify that your eyes are responding well to contact lens wear, check the ocular surface for any damage and make sure the lenses fit properly and the prescription matches your eyes. Your optometrist is unable to renew expired prescriptions without first making sure that your eyes are healthy enough to wear lenses.

If, for any reason, you would like additional time, additional visits or you would like a change in the type of lenses you wear, additional refitting fees can be incurred.