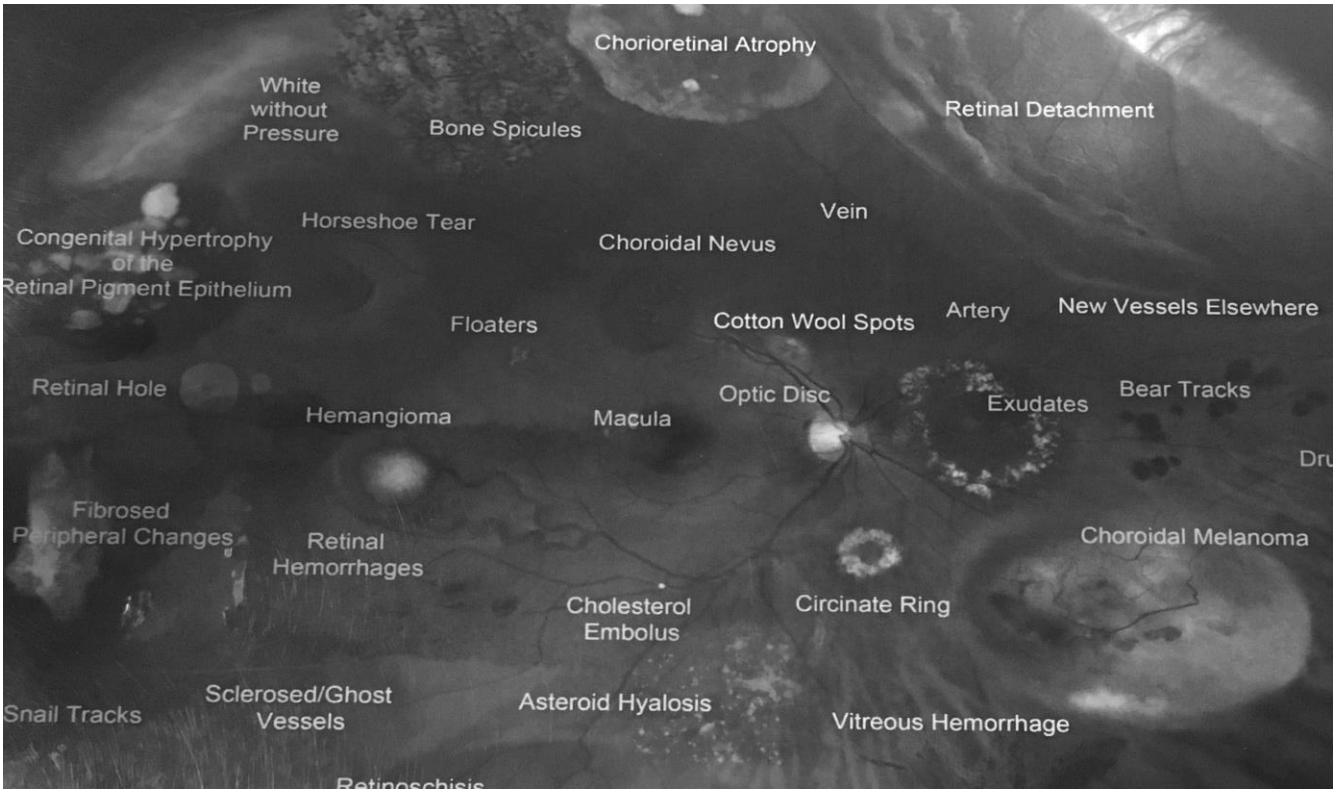


*B&W Retinal photo with assorted eye diseases courtesy of OPTOS*

# ROUTINE EYE DILATION & DIGITAL RETINAL IMAGING

It is essential to assess the health inside of your eyes. This is an important part of a comprehensive eye examination – In fact most insurance companies **REQUIRE** a retinal assessment be performed for a complete, comprehensive eye exam. Pupil dilation (using topical medications to widen the pupil of the eye for a few hours) is the most common way this is done. Pupil dilation, has been known to create some inconveniences for patients, including waiting for the drops to take effect (Between 15-30 minutes), patients cannot see clearly for hours after the exam. Light sensitivity is commonly noted as well. In very rare cases the eye pressure can go up resulting in pain and even a certain form of glaucoma to occur - (again this is extremely rare).

**Tacoma Eye** recommends dilating all new patients age 10 and older. Most patients can drive home if they take reasonable precautions. For those patients that want to skip the added time and inconvenience of the dilation, **DIGITAL RETINAL IMAGING** (DRI) can be performed. DRI is fast, comfortable and images become a part of your medical record. Some patients may want neither which we do not advise under any circumstances but we respect your decision.

**PLEASE SELECT ONE OF THE FOLLOWING :**

**_____I prefer not being dilated and I do NOT want DRI**. I understand that I take significant risk as a number of eye diseases can be left undetected.

_____ **I prefer to have DRI performed.** I acknowledge that DILATION is still considered the standard of care. This is not covered by insurance and I agree to pay **$40.00** to cover this service.

____ **I prefer dilation be performed**. Insurance covers this service so there is no additional charge.I understand blurry vision, light sensitivity and (in extremely rare cases) elevated eye pressure can occur.

_____

Patient Name

_____

Patient signature

_____

Date

TACOMA EYE